MENU

Week 3	Monday (MEAT FREE)	Tuesday	Wednesday	Thursday	Friday
Main Dish	Quorn™ Lasagne With Garlic Bread	Chicken Loaded Naan with Steamed Rice	Roast Chicken, Sage & Onion Stuffing with Roast potatoes & Gravy	Beef Lasagne With Garlic bread	Crispy Battered fish served with chunky chips
Vegetarian Main Dish	Vegetable Tikka Masala with Pilau Rice	Barbeque Marinated Quorn™ pitta With Baked potato wedges	Vegan Sausage with Creamy mash potato & Gravy	Vegetable Bean Chilli with Rice & Garlic bread	Quorn™ Nuggets With chunky chips
Accompaniments (5 A DAY)	Peas & Steamed broccoli	Roasted Vegetables	Green Beans & Cabbage	Sweetcorn & Carrots Crisp mixed salad	Garden peas & Baked Beans
Street Food	Red lentil and squash Dhal with basmati rice	Spicy Chicken Burger with Spicy Wedges	Tandoori chicken burgers with Bombay potatoes and cucumber raita	Chicken Shawarma, salad, houmous and Khobez bread	Chinese Munch Box Vegetable Spring Rolls, Stir fry Vegetables & Noodles with Sweet Chilli Sauce
Available Daily	Various Baguettes or Bloomer sandwich, Pasta and Various sauces, Cold Desserts, Boxed salads	Various Baguettes or Bloomer sandwich, Pasta and Various sauces, Cold Desserts, Boxed salads	Various Baguettes or Bloomer sandwich, Pasta and Various sauces, Cold Desserts, boxed salads	Various Baguettes or Bloomer sandwich, Pasta and Various sauces, Cold Desserts, boxed salads	Various Baguettes or Bloomer sandwich, Pasta and Various sauces, Cold Desserts, boxed salads
Dessert	(5 A DAY) Oaty Jam Squares	(5 A DAY) Apple Pie & Custard	Lemon Cake	Sticky Toffee Pudding with custard	Fresh Fruit Whip

KEY (5 A DAY) 1 OF YOUR 5 A DAY (MEAT FREE) MEAT-FREE (VEGETARIAN) CHEF'S CHOICE (PB) PLANT-BASED (VEGAN)

Allergens and intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.

Mellors FOOD Happy